

PROMOTING POSITIVE LIFESTYLES

Children develop positive attitudes to healthy lifestyles, environmental awareness and robust mental and physical health in many ways.

Through the following, we promote and encourage positive choices and lifestyles:

- Our PSHE curriculum, including RSE
- Our science curriculum
- THRIVE therapy
- Our half-termly assembly themes
- Eco-Committee
- Junior Road Safety Officers
- School Council
- Playground buddies
- Jobs and leadership opportunities
- Outdoor learning, including use of our pond/wildlife area
- Working alongside Suffolk One Life
- Visitors and trips