



**FRESSINGFIELD
COFE PRIMARY SCHOOL**

A TRIP TO DUNWICH BEACH

We had such a good time on Monday at Dunwich Beach and Museum. We were incredibly lucky with the weather so were able to spend almost the entire day outside. The visit began with a guided tour of Dunwich by Sister Luke (a nun from the 13th Century from the Greyfriars monastery), and a visit to the museum. The staff there taught us about the Great Storm of 1286 and shared some of the amazing things found on Dunwich Beach (including many items washed up from the old town and a fossilized mammoth bone!). They were enormously complimentary about our children's behaviour and were impressed by the challenging questions they asked. In the afternoon, we spent time on the beach writing poetry, sketching and taking a 'noticing' walk.



WORLD BOOK DAY

We are really looking forward to World Book Day, which we will be celebrating on Thursday 7th March. We invite our children to come dressed as a favourite book character.

In the lead up to the event, there are two competitions children can take part in: firstly, the Librarian Team will be providing every child with a wooden spoon, which we would like you to decorate to look like your favourite book character (see ideas below); and secondly, the Children Librarians would like you to design a new front cover for your favourite book to make a new display in the library. Send in your front covers, along with a very short blurb that explains why you like this book so much.

On the day in class, the children will be completing designs for a new library. We are hoping to update the shelving and furniture, and would like the children's ideas to help us with the theme.

Finally, there will be a sale of all the books that have been thinned out of our library. This was done with help from the Suffolk Library Services in order to make the existing stock more relevant, up-to-date and appealing. There are hundreds of books in this collection including something that will appeal to everyone, so bring in your pennies to go home with a bargain!



WILDER SCHOOL BAKE SALE

Thank you to all who contributed or bought cakes at our Wilder Schools Bake Sale today; the children in Colorado Class raised a total of £140.63. The children plan to spend this money on items to improve conditions for wildlife in our school grounds (such as hedgehog houses or bird seed), and they even have their eyes on some wildlife cameras so they can watch the animals visiting the grounds once the children have gone home for the day. Well done Colorado Class.

**OUR SCHOOL VALUE THIS
TERM IS: JUSTICE**



IN TOUCH NEWSLETTER

BRITISH SCIENCE WEEK



British Science Week is coming up and we will be joining in during the week of 11th—15th March. The theme is time, and the children will be investigating through a range of lessons and experiments. Some of the planned activities include: investigating pendulums, reaction times and sundials; making sand-timers and exploring the passing of time in our outside area; and exploring the setting times of different jellies. There is a poster competition which we will also enter for which the children need to show the development of a particular technology over time. It all sounds really exciting.

COMIC RELIEF

Red Nose Day will be held on Friday 15th March. We are inviting all our children to come dressed in their pyjamas, onesies and dressing-gowns. Bring in a contribution for the charity, which I understand is focusing, this year, on supporting those most affected by the cost of living crisis. We are hoping to have some Red Noses at school, which will be on sale on a first-come, first-served basis for £2 each.



PSYCHOLOGY IN SCHOOLS WORKSHOPS



We are keen to signpost this incredible resource provided by the NHS. The Psychology In Schools team run a programme of parent workshops throughout the year which anyone can sign up to. All their previous workshops are also available to watch via Youtube. They include: supporting young people with anxiety, supporting your child to regulate their emotions, building resilience, social media and the impact on our teenager's mental health, managing big feelings, and many, many more. They can all be found here: <https://www.nsf.nhs.uk/parent-workshops>

FOODBANK

If you and your family are struggling and you need some food, please contact Rev Susan on 01379 388493



BOCCIA

Congratulations to Martha, Rio, George, Amelia and Ted who took part in the Boccia tournament this week. This game, which is a bit like bowling, is played in a non-competitive way with the emphasis on inclusion and enjoyment. The children really enjoyed the event, and the team nominated Ted to receive an individual award for teamwork. Well done all.

DATE	EVENT
Sat 13th Jan	Polytunnel Working Party—Final push!
Thurs 18th Jan	School Nurse to see Year 6
Mon 22nd—Thurs 25th Jan	Bikeability—Years 5 and 6 (Two days for each group)
Fri 2nd Feb	NSPCC Number Day
Tue 6th Feb	Multiply Suffolk: Heating and Eating (9-11.15am)
Thur 8th Feb	Multiply Suffolk: Heating and Eating (1-3.15pm)
Wed 7th and Thurs 8th Feb	Parents Consultations (3.15—6pm)
Fri 9th Feb	Wilder Schools Day—Colorado Class
Fri 9th Feb	FOFSA Film Night (3.30—5pm)
Mon 12th Feb	Trip to Dunwich—Colorado, Congo, Yangtze Classes (All day)
Wed 14th Feb	Boccia Tournament
Mon 19th – Fri 23rd Feb	HALF TERM
Mon 4th March	Orienteering Competition (12.30—2.45pm)
Fri 8th March—Sun 17th March	British Science Week
Fri 15th March	Red Nose Day
Fri 15th March	Wilder Schools Day—Colorado Class
Mon 18th March	Bee Netball Tournament—Brandeston Hall (12.00 -2.45pm)
Wed 20th March	Quicksticks Hockey Tournament—Harleston Magpies (12-2.45pm)
Thur 21st March	World Poetry Day
Tue 26th March	Swimming Gala—Stradbroke Pool (11.00-1.30pm)
Mon 25th—Thur 28th March	Holy Week. Easter Celebration in church. Time and date TBC
Fri 29th March	Good Friday (Start of the Easter Holidays)

